

## American Chinese Medical Exchange Society

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# ACMES Annual Conference 2014

Featuring Primary Care Medicine and Integrative Medicine

Time: 10/18/2014, Saturday, 8:45am -5:30pm

Place: Beth Israel Deaconess Medical Center, Shapiro 10 Conference Room

inese Medical Exchange

330 Brookline Ave, Boston, MA



#### **ACMES Annual Conference 2014**

Dear Colleagues,

On behalf of the American Chinese Medical Exchange Society (ACMES), I'd like to sincerely welcome you to our annual meeting featuring Primary Care Medicine and Integrative Medicine to be held on October 18<sup>th</sup> at Beth Israel Deaconess Medical Center, 330 Brookline Avenue, Boston, MA.

The intent is for physicians and healthcare providers to be engaged in leadership of promoting optimal health and well-being of Asian American. The mission of our organization is to promote medical exchange between the US and China. With its knowledge and expertise in the medical field and two existing medical publications, ACMES is positioned to contribute to the promotion of global health.

We are honored to have your presence and participation as respected experts in different medical fields, to make this event a great success. Please visit our websites at <a href="www.acmes.net">www.acmes.net</a>, <a href="www.najms.net">www.najms.net</a>, <a href="www.najms.net">www.najms.net</a>) <a href="www.najms.net">www

As physicians, especially Asian physicians, we are obligated and privileged to serve our community.

Dear colleagues, I'd like to invite you to join us, with shared passion and spirit, together we will, and together we can make a difference!

Sincerely

June (Xuejun) Kong, MD President of ACMES

On behalf of ACMES board and executive committee

Event Committee: Xuejun(June) Kong, M.D.; Wei Zhang, PhD; Yiqing Song, M.D., Sc.D.;

Lucy Chen, MD; Zhaoxi Mike Wang, MD, PhD; Gary Lu, M.D., M.S., Ph.D.; Zhao Liu, M.D.; Jianghe Niu, Ph.D; Weigen Li, M.D., Ph.D., Lichao

Chen, M.D., Ph.D.; Jingyan Zhao, PhD; Ludy Liu, MS; Shirley Shi, PhD, PharmD; Ping Lu, M.D., Ph.D.; Yongli Ji, M.D., Ph.D.; Hon Ho, M.D., M.P.H.; Jie Zhou, MD, MS, MBA; Qunhao Zhang, PhD; LisAc; Emily Ye,

MBA, Qing Mei Wang, MD, PhD; Xiaochun Wang, PhD; Le Min, MD, PhD;

June Hou, MD

Organizer: American Chinese Medical Exchange Society Co-Organizer: Massachusetts Society of Chinese Medicine

## Program Agenda

Date and Time: Oct 18th, 2014, Saturday 8:45 am to 5:00 pm

**Location:** Beth Israel Deaconess Medical Center, Shapiro 10 Conference Room

330 Brookline Ave, Boston, MA.

**Attendees:** Registration fee, \$50; student, \$25.

8.30: Registration starts

General Session/keynote speech (Board Room)

Moderators: Wei Zhang, PhD, Zhaoxi Wang, MD, PhD, Co-Chairs

8:45am Opening Remark by Xuejun Kong, MD, President of ACMES

9:00-9:15am Health Management and Medicine in China, Guan Yunpeng, director of

administration committee of Medicine and Health Management at

Huazhong University of Science and Technology (HUST), **Zhang Taiming**, dean assistant and director of administration office of School of Medicine

and Health Management, HUST. (Moderator: Gary Lu, MD, PhD)

9:15-9:30am Medical Publishing in USA and China, Martin Wonsiewicz, CEO,

PMPH-USA, and **Wei Zuo, MD/PhD** and **George Zhang** from People's Medical Publishing House of China. (Moderator: Gary Lu, MD, PhD)

9:30-10:15am Academic Research: Challenges and Future Directions, *Jianren Mao*,

MD, PhD, Vice Chair for Research, Director, MGH Center for

Translational Pain Research, Richard J. Kitz Professor of Anaesthesia Research, Harvard Medical School. (Moderator: Zhaoxi Wang, MD, PhD)

**10:15-10:30am** Coffee Break

10:30-11:30am Advance of Hepatitis C (CME program), Keqin Hu, MD, Professor of

Medicine, Director of Hepatology, University of California at Irvine.

(Moderator: Lichao Chen, MD, PhD)

11:30-12:30am New Paradigm in Diabetic Treatment, Lawrence S. Hotes, M.D.,

F.A.C.P., F.A.C.E. Chief Medical Officer, VP of Medical Affairs, New England Sinai Hospital, Stoughton, MA. (Moderator: Lucy Chen, MD)

**12:30-1:30pm Lunch Break** 

Exhibitions viewing: display tables featuring Talents' Stroke--- by Dr. Mei Zhang

1:30-5:30pm Panel Discussions

Shapiro 10 (Room 1) The Almost Effects-Integrative Medicine

Shapiro 10 (Room 2) Case based Clinical Practice

#### Shapiro 2 (Room 3) Medical Career Path

## Panel Session I: "The Almost Effect" and Integrative Medicine 1:30 to 5:30pm

Shapiro 10 (Room1)

Co-sponsored: Massachusetts Society of Chinese Medicine

**Target audience:** clinicians, researchers, conventional and alternative providers, healthcare

professionals

Moderators: Gary Lu, MD, PhD; John Zhang, PhD, LisAc

1:30-2:00pm	The Almost Effect: Nutritional intervention for subclinical and chronic medical conditions, <i>Helen Fu</i> , CNC, CH, CNHP, certified nutritionist, Chinese Herbalist, and producer/host of two TV shows.
2:00-2:30pm	Acupuncture for Pain Treatment: How do we evaluate the clinical
2.00 2.30pm	outcome? Lucy Chen, MD, Attending pain specialist at MGH, Associate
	Professor, Harvard Medical School.
2:30-3:00pm	Use of Tai Chi for treatment of depression, Albert Yueng, MD,
	Attending Psychiatrist at MGH, Associate professor of Harvard Medical
	School.
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3:00-3:30pm	Use of Tai Chi for cardiovascular disease, Gloria Yeh, MD, Attending
	Physician of BIDMC, Assistant Professor of Medicine, Harvard Medical
	School.
2.20 5.20mm	
3:30-5:30pm	Panel Discussion
	Panelists: Drs. Lucy Chen, Albert Yueng, Gloria Yeh, Jian Kong, Helen
	Fu, Weidong Lu, Bing Yang, John Zhang, Gary Lu
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## Panel Session II: Case based Clinical Practice 1:30 to 5:00pm

Shapiro 10 (conference room 2)

Target audience: clinicians, researchers, conventional and alternative providers, healthcare

professionals

Moderators: June Hou, MD; Lichao Chen, MD, PhD

1:30-2:15pm	Current pitfalls in modern medical practice. David M Gould, Esq, Ficksman & Conley LLP.
2:15-2:45pm	Dialogue between clinical pharmacists and medical prescribers, $TBD$
2:45-3:15pm	Case discussion: Very low sodium intake is harmful to patient's health, Le Min, Instructor, Harvard Medical School, Attending Endocrinologist, Brigham and Women's Hospital.
3:15-3:30pm	Coffee Break

3:30-4:00pm	Case discussion: A 64 year old man with fever and fatigue, Wei Yang, MD, Attending physician of Beverly Hospital.
4:00-4:30pm	Case discussion: Botulinum toxin injection for Congenital Muscular Torticollis in infants, Fenghua Zhou, MD, Spaulding Rehab.
4:30-5:15pm	<b>Financial protection for medical professionals,</b> <i>Alan Chew</i> , <i>JD</i> , <i>CPA</i> , <i>CLU</i> ®, <i>ChFC</i> ®, <i>Corporate Vice President, Advanced Planning Executive Advisor, New York Life</i> .

## Panel III Medical Career Path 1:30 to 5:00pm Shapiro 2 (Room 3)

Target audience: prospect medical student, medical student, FMG, resident or fellow physicians, educators, other healthcare professionals

Drs. Hon Ho, Jie Zhou, Yongli Ji, Juan Liu, Li Arango, Li Zheng, Helen Fu, Peining Li, and (NP) Mary Ma

1:30-1:50pm	Medical education and medical career in USA, Hon Ho, MD, MPH, Attending Pediatric Psychiatrist of North Shore Medical Center, Instructor of Harvard Medical School.
1:50-2:10pm	Foreign medical graduates and residency training in USA, Jie Zhou, MD, Anaesthesiology and Critical Care, Brigham and Women's Hospital, Harvard Medical School.
2:10-2:30pm	<b>Residency to fellowship training in USA, Yongli Ji</b> , MD, PhD, Medical Oncologist, Vermont University Medical Center.
2:30-2:50pm	Become a dentist in USA, Li Arango, DMD, Stoughton, MA.
2:50-3:10pm	From a medical to Legal, Jenny Juan Liu, MD, JD, North Billerica, MA.
3:10-3:30pm	Career path of Acupuncturist and Herbiest in USA, Li Zheng, PhD, LisAc, Needham, MA.
3:30-3:50pm	Clinical and Laboratory Genetics as a Medical Specialty: Last but not
	the Least, Peining Li, PhD, FACMG, Associate Professor of Yale
	University
	一 学 苏
3:50-4:05pm	Break
4:05-5:15pm	Panel Discussion
	Panel discussion moderated by Drs. Jie zhou/Hon Ho/Yongli Ji
RSVP:	https://acmes2014.eventbrite.com Email: info@acmes.net

## **Faculty:**



**Yunpeng Guan, MPH**, Director of administration committee of Medicine and Health Management at Huazhong University of Science and Technology (HUST), is graduated from School of Public Health at HUST and have got master degree of public health and bachelor degree of law. Before the present position and title, Mr. Guan held office as depute director of President's Office of HUST, director of Administration Office of Tongji Medical College at HUST, director of Comprehensive Office of Tongji Campus of HUST. Mr. Guan

is engaged for long time in administration and management of medical college so that he is experienced in administrative and human resource management of higher medical education and interested in management and planning of college and university as well as health service management and law practice. Presently, Mr. Guan is membership of China's Higher Medical Education Seminar and Hospital Information Statistics Committee of China's Hospital Association. He also has Thought on Management Patterns of Chinese Medical Colleges in Comprehensive Universities, We Need Consider of University's Constant Functions More as Strategic Plan Making in Modern University, etc., which was published in academic journals and conferences. He also was participated in the writing of some books and textbooks as Forensic Law, Health Politics, etc.

关云鹏, 华中科技大学医药卫生管理学院院务委员会主任。法学学士,公共卫生硕士。曾任华中科技大学学校办公室副主任、同济医学院办公室主任、同济校区综合办公室主任。毕业于华中科技大学公共卫生学院。 长期从事高等医学院校行政管理工作,具有丰富的高等医学教育人力资源、行政管理经验,在高等院校管理、发展规划、卫生事业管理、法律实务等方面有一定研究。为中国高等医学教育研讨会会员、中国医院协会医院信息统计委员会会员。有"对中国综合性大学医学院管理模式的探讨","现代大学制定发展战略规划需要更多的考虑大学的恒定功能"等研究课题在专业领域期刊或会议上发表。参编《法医法学》、《卫生政治学》等专著、教材。



Zhang Taiming, dean assistant and director of administration office of School of Medicine and Health Management, HUST, is gradated from Huazhong Normal University and majored in education management. Ms Zhang is engaged for long time in administrative management at higher medical college and has some publications such as Present Situation and Intention of Practical Teaching on the Sight of Health Service Management Students and Management Students, Talents Cultivation of Health Service Management Based on

STS Theory, etc.

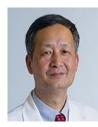
张太明, 华中科技大学医药卫生管理学院院长助理、办公室主任。毕业于华中师范大学教育管理专业。长期从事高等医学院校行政管理工作,相关课题研究代表作有"卫生事业管理专业学生视角下实践教学现状与意向分析","基于 STS 教育思想的卫生事业管理专业人才培养研究"等。



Martin Wonsiewicz, CEO of PMPH-USA, Ltd. Started in January 2008, PMPH-USA is the wholly owned US company for the People's Medical Publishing House. His career began as a bookstore manager at Vanderbilt University then as a sales representative, marketing manager and editor at WB Saunders (now part of Elsevier). At Saunders he worked with Arthur Guyton on his **Textbook of Medical Physiology**, **12e**; Abul Abbas on **Cellular & Molecular Immunology** now in its eighth edition, Mark Swartz,

Textbook of Physical Diagnosis, seventh edition and others in the basic sciences and clinical medicine. After leaving W.B. Saunders, Wonsiewicz held editorial management positions with Appleton & Lange and was Vice President & Publisher for the McGraw-Hill Medical Group in New York. His books included Eric Kandel,'s Principles of Neural Science, Harrison's Principles of Internal Medicine, Fitzpatrick's Dermatology in General Internal Medicine, Adams & Victor's Principles of Neurology, and Goodman & Gilman's The Pharmacological Basis of Therapeutics. Harrison's is still widely regarded as one of the most authoritative books on internal medicine and described as the

"most recognized book in all of medicine." <a href="http://online.wsj.com/news/articles/SB10001424052702304066404579125204086074282">http://online.wsj.com/news/articles/SB10001424052702304066404579125204086074282</a> Wonsiewicz also played a leading role in the 2008 launch of **Harrison's Online**, one of the first digital textbooks in medicine.



**Jianren Mao**, MD, PhD is the Richard J. Kitz Professor of Anaesthesia Research at Harvard Medical School, Harvard University and a board-certified anesthesiologist and pain medicine specialist. Dr. Mao is the Vice Chair for Research at the Department of Anesthesia, Critical Care and Pain Medicine, Massachusetts General Hospital (MGH) and the director of the MGH Center for Translational Pain Research. Dr. Mao is an associate editor for Pain and Anesthesia & Analgesia (Pain and Analgesic Mechanisms), and an editorial board member of the Journal of Pain, Molecular Pain, and Journal of Neuropathic Pain. He is a reviewer for over 35 professional journals and was a section editor for Pain Medicine (translational research) for 9 years. He has

served on a number of grant-reviewing study sections including U.S. National Institutes of Health (NIH), Department of Veterans Affairs, Department of Defense, Canadian Research Council, Austrian Science Foundation, and Danish Council for Strategic Research. Dr. Mao has authored or co-authored over 130 publications and 75 abstracts and published, as a sole editor, three books.



**Keqin Hu, MD**: Dr. Hu is the Director of Hepatology Services, Professor of Clinical Medicine, Division of Gastroenterology and Hepatology, University of California, Irvine Medical Center. Dr.Hu is an expert in chronic liver disease, hepatitis B, hepatitis C and liver cancer. He is a national and international speaker, and principal investigator of many liver projects. He serves as the acting chief editor for the special hepatitis issue of North American Journal of Medicine & Science; he is also a vice president of ACMES.



**Lawrence Hotes MD**, has been a member of the New England Sinai staff since 1987 serving as Physician-in-Chief before being named Chief Medical Officer in 2008. Dr. Hotes is a practicing Endocrinologist and is a fellow of the American College of Physicians and American College of Endocrinology. He is also Associate Clinical Professor of Medicine and Rehabilitation Medicine at Tufts University School of Medicine. Dr. Hotes is a member of the Board of Directors at New England Sinai Hospital, as well as the board of the National Assoc of Long Term Hospitals, where he is Chair of the Research Outcomes Committee and Physician Committee. He is the author of several articles published in American Journal of Medicine, JAMA and CHEST.



**David Gould**, Esq, Ficksman & Conley LLP. Mr. Gould is a Fellow of the American College of Trial Lawyers who has limited his practice for over thirty years exclusively to medical legal matters. He is a graduate of Suffolk Law School where he was a member of the Law Review. He has devoted his practice entirely to the representation of the medical community. He has been an active trial lawyer in the defense of medical litigation and represents health care providers before the Massachusetts Board of Registration. Mr. Gould directs a course at the Harvard University School of Continuing Education and lectures to hospitals and medical groups on liability prevention. Mr. Gould has also expanded his practice to represent the health care community in

New Hampshire. Additionally, Mr. Gould has been recognized as one of the top 100 lawyers in Boston by Boston Magazine, is listed as a "Super Lawyer" and is listed as one of the "Best Lawyers in America". He has defended significant medical malpractice actions in the courts of Massachusetts and New Hampshire and is a frequent lecturer to lawyers in methods of trial practice.



Alan Chew, JD, CPA, CLU®, ChFC® Corporate Vice President, Advanced Planning Executive Advisor, Alan has worked in the financial services industry since 1995. Prior to joining New York Life Insurance Company, Alan worked as a public auditor for KPMG, a senior tax accountant with a local CPA firm in New Jersey, a law clerk to judges at the U.S. Merit Systems Protection Board in Dallas, and in the legal department for JCPenney. Alan joined The Nautilus Group, a service of New York Life Insurance Company, in 2004

where he served as a Case Development Consultant providing estate and business planning and tax planning strategies for approximately 200 top producing agents of the company. In 2009, Alan joined the Advanced Planning Group. Besides providing estate planning, business succession planning and tax strategies to the company's general agents, one of Alan's current responsibilities involves servicing the agents with clients that are affiliated with the Chinese Cultural Market. Alan became a life insurance agent with New York Life in 2010 and qualified for MDRT\* and President's Council in his first year as an agent. He also was the 2010 Life Paid FYC leader for new agents. In 2011, Alan rejoined the Advanced Planning Group as a Corporate Vice President, Advanced Planning Executive Advisor, serving and supporting the U.S. Chinese Cultural Markets. Alan holds a B.B.A. with Honors and a Master's in Professional Accounting from The University of Texas at Austin, and a Juris Doctor, graduating *cum laude*, from Southern Methodist University. Alan is fluent in Mandarin and other Chinese dialects.



Le Min, MD, Department of Endocrinology, Diabetes, and Hypertension, Brigham & Woman's Hospital, Harvard Medical School. Dr. Le Min is working as an endocrinologist at Division of Endocrinology, Diabetes, and Hypertension, Brigham and Women's Hospital and an instructor of Medicine at Harvard Medical School, Boston. He received his MD degree from Chongqing Medical University at Chongqing, China and a Ph.D. degree from National University of Singapore. He had his medical residency training at Mount Sinai School of Medicine (North General) Program and fellowship training at Brigham and Women's Hospital. He had postdoctoral training at University of Iowa and Stony Brook University as well. His current

research interest is to understand the role of kisspeptin receptor on reproductive regulation and puberty onset.



**Helen Fu,** CNC, CH, CNHP, is a Certified Chinese herbalist, nutritionist, and holistic health counselor. Born and raised in China, she has studied Chinese Herbology, Acupuncture, Diet, Nutrition, Iridology, Kinesiology and Environmental Medicine in both the U.S. and China. Helen helped her mom survive stage 4 pancreatic cancer for 18 years with nutrition, Chinese herbs and detox programs, which doctors claimed as a "miracle." She has continued with her passion to help other people take charge of their health in prevention and natural healing of diseases. As one of the few practitioners that truly understand and combine both Oriental and Western holistic healing, Helen specializes in Chinese medicine, emotional healing, diet,

nutrition, weight loss, diabetes and cancer.



Albert Yeung, MD, ScD: Dr. Yeung is the current Director of Primary Care Research at Depression Clinical and Research Program, Massachusetts General Hospital, Associate Professor of Psychiatry, Harvard Medical School. Dr. Albert Yeung obtained his medical degree from National Taiwan University. He also obtained a Doctor of Science degree with a major in epidemiology from Harvard School of Public Health. He completed residency training in psychiatry at the Massachusetts General Hospital (MGH). He has worked as a staff psychiatrist at MGH since completion of his residency training. Dr. Yeung's major research interests include integrating primary care and mental health services to improve treatment of depression, mental

health issues of under-served populations, and the use of complementary and alternative methods in treating mood and anxiety disorders. He received a research training award from the Program for Minority Research Training in Psychiatry of the American Psychiatric Association Office of Research. In 2003, he was awarded a "Partners in Excellence Award" from Partners Health Care, Inc. for his contributions to a project on improving treatment for depressed patients in primary care. He is the recipient of a Career Development Award (2003-2008), and a RO1 Research Award, both from the National Institute of Mental Health. He has authored or co-authored over 50 original articles and book chapters, and a book on self-management of depression. Dr. Yeung is currently the Director of Primary Care Research at the Depression Clinical and Research Program at MGH, a consultant of the Benson Henry Institute at MGH, and Associate Professor of Psychiatry at Harvard Medical School. He is also a staff psychiatrist at the Behavioral Health Department of South Cove Community Health Center in Boston, which serves the Asian immigrant community.



Lucy Chen, MD, Assistant Professor, Department of Anesthesia Critical Care and Pain Medicine MGH, Harvard Medical School Dr. Chen is a faculty member of Harvard Medical School and a board-certified anesthesiologist and pain medicine specialist. She has been an attending physician at the Massachusetts General Hospital (MGH) for over a decade. Dr. Chen is a Principle Investigator and Co-investigator on several NIH RO1 grants to study the role of alternative medicine in pain management, opioid analgesia and opioid induced hyperalgesia. She served as the director of Pediatric Pain Service of the MGH Department of Anesthesia, Critical Care and Pain Medicine. Dr. Chen currently is the director of Resident Education

Program and Quality and Assurance Committee of the MGH Center for Pain Medicine. In years, she has served as grant reviewer for NIH study section and journal reviewer for many medical journals. As a Vice president of "American Chinese Medical Exchange Society", Dr. Chen actively involved as executive committee member in annual meeting and other events planning, fund-raising and as a speaker for medical science conference and public health education. As an Associate Chief Editor for "North American Journal of Medicine and Health" and a section editor for "North American Journal of Medicine and Science", Dr. Chen makes her contribution with the knowledge and expertise to these two medical publications in order to promote global health.



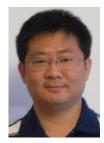
Gloria Y. Yeh is Assistant Professor of Medicine at Harvard Medical School and a clinician investigator in the Division of General Medicine and Primary Care at Beth Israel Deaconess Medical Center (BIDMC). She received her medical degree from the University of Maryland and her MPH from the Harvard School of Public Health. Her major research activities involve the investigation of safety, efficacy and mechanisms of mind-body exercise for chronic disease, with a particular interest in cardiopulmonary conditions, and expertise in clinical trial design of mind-body therapies. She is principal or co-investigator on multiple trials funded by the NIH, including two R01's investigating tai chi for patients with COPD. Dr. Yeh is the Director of the NIH T32-

funded Harvard Medical School Research Fellowship in Integrative Medicine. Her clinical work is in the primary care practice at BIDMC, Healthcare Associates, and the Cheng and Tsui Center for Integrative Medicine at BIDMC.



**Bing Yang**, Lis.Ac, Department Chair of Chinese Herbal Medicine at New England School of Acupuncture. Dr. Yang graduated from Beijing University of Traditional Chinese Medicine (TCM) with a Master degree of TCM in 1998. She became an assistant professor at the same university and began to practice at the affiliated clinic as a M.D. in China. In 2001 she relocated to U.S. and passed the NCCAOM test. She became a licensed acupuncturist of Pennsylvania and practiced at the Jefferson Pain & Rehabilitation Center in Pittsburgh. After relocating to Boston in 2006, she started teaching at the New England School of Acupuncture and practicing in Boston area. Now Dr. Yang is serving as the Chairperson of the Department of Chinese herbal medicine

at New England School of Acupuncture while maintaining a private practice in Brighton. She published one book and 17 peer-reviewed articles. With the integration of Chinese herbal and Acupuncture, she specializes in the treatment of internal, gynecology and pediatrics diseases.



**Jian Kong**, MD, MS, Associate professor at Psychiatry Department, Massachusetts General Hospital, Harvard Medical School. In the past decades, his research interest has been focus on pain perception and modulation, alternative medicine (acupuncture, meditation) and placebo effect. He has published more than sixty papers in peer reviewed journals on these topics.



**Qunhao Zhang**, Ph.D., Professor of Beijing University of Traditional Medicine, Lis Ac, President, Mass Association of Traditional Medicine. Dr. Zhang is a senior Lis Ac practicing in Massachusetts. His specialties include novel acupunctural treatment of fertility, pain and injuries, mental health, skin diseases and a variety of other diseases.



Zhao Liu, MD, Department of Endocrinology, Berverly Hospital. Dr. Liu is a Medical Director of ACMES, Endocrinologist and physician nutrition specialist, Department of Endocrinology, Diabetes and Metabolism at Beverly Hospital, Northeast Health System. Dr.Liu received her medical degree from Beijing University in Beijing China, and earned her Master of Science degree in Physiology and Biology at University of Cincinnati in Cincinnati, Ohio. She completed her internship and residency at Boston University Medical Center in Boston, Massachusetts. She also completed her Endocrinology and Nutrition Fellowship at Boston Medical Center. Dr. Liu is board certified both in Endocrinology, Diabetes and Metabolism and in Nutrition. Dr. Liu has

written several publications and abstracts, which have been presented at the ADA, AACE, as well as the ACP-ASIM National Meetings. She was awarded the Boston Medical Center Resident CREST Scholarship from NIH for clinical research training. Dr. Liu currently practices in Beverly hospital at Danvers as a staff endocrinologist.



Hon Ho, M.D., M.P.H. Dr. Ho is an Attending Pediatric, Adult, and ECT Psychiatrist at the MassGeneral for Children at North Shore Medical Center. At McLean Hospital, he is an Instructor in Psychiatry at the Harvard Medical School. Dr. Ho was a Fellow Child and Adolescent Psychiatrist at the Johns Hopkins Hospital, after his Psychiatry residency at the University of Colorado. Dr. Ho was honored as a Janssen Resident Psychiatric Research Scholar by the American Psychiatric Institute for Research and Education. His research areas included substance abuse and pathological gambling. Dr. Ho previously did epidemiological research at the Oregon Public Health Department. He earned his M.D. and

M.P.H. degrees (Epidemiology and Biostatistics) from the Oregon Health & Science University. Dr. Ho also holds a B.A. in Economics, a B.S. in Biochemistry, and a B.S. in Applied and Computational Mathematical Sciences from the University of Washington.



Wei Gen Li, MD, PhD: Dr.Li is an Attending Physician of Internal Medicine at Jordan Hospital, Tufts Medical Center. He was graduated from Xuzhou Medical College in 1985, completed his Cardiology training in the Capital Medical University in 1991 and then finished his Ph.D training at Beijing Medical University in 1994. He spent two years at Fukuoka University as visiting scholar in Japan. Subsequently he went to University of Iowa as postdoctoral fellow and then research investigator and funded by American Heart Association as a scientist. He has published more than 30 original articles including Circulation, Journal of Biological Chemistry, and Circulation Research. He completed his internal medicine residency in New York Medical

College and board certified in 2006. Dr.Li serves a vice president of ACMES.

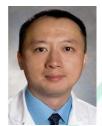


**Yiqing Song, MD, ScD**, is Assistant Professor of Medicine at Harvard Medical School and Associate Epidemiologist of the Division of Preventive Medicine at Brigham and Women's Hospital. Dr. Song is an epidemiologist with extensive experience in the evaluation of nutritional, biochemical, and genetic markers as predictors of chronic disease outcomes in several large cohort studies such as the Women's Health Study (WHS), Physicians' Health Study (PHS), and the Women's Health Initiative-Observational Study (WHI-OS). Currently, Dr. Song is the Principal Investigator of an NHLBI-funded R01 studying "Racial/ethnic differences in 25(OH)D and PTH levels and CVD among American white and Black women,

a NIDDK-funded R01 investigating diabetes prevention in the Vitamin D and OmegA-3 Trial (VITAL) trial.



Gary Lu, MD, PhD, Dr. Lu is the Health Event coordinator of BICCC, Senior Technology Manager, Dassault Systems, and Visiting Professor, College of Acupuncture Orthopedics, Hubei University of Chinese Medicine, Visiting Professor, College of Medical Information Engineering, Hubei University of Chinese Medicine, Visiting Professor, Department of Forensic Medicine, Tongji Medical College, Huazhong University of Science and Technology. Dr. Lu is also Secretary General of ACMES.



**Jie Zhou, MD, MS, MBA.** Dr. Zhou is a staff anesthesiologistat the Brigham and Women's Hospital. He was previously trained in neurosurgery in China. He came the United States after a neurosurgery fellowship in Japan. He continued on with an Anesthesia residency and fellowship at the Brigham and Women's Hospital, and stayed on as a staff. Dr. Zhou also holds a master's degree in medical informatics and an MBA.



Yongli Ji, MD, PhD. Dr. Ji joined seven-year clinical medicine program and obtained her MD degree from Tianjin Medical University. She then obtained her PhD degree from Brandeis University in leukemia research in 2007. Afterward she decided to shift her career path back to clinical world. She completed her residency training of Internal Medicine at Saint Vincent Hospital at Worcester, MA. She worked as a Hospitalist for almost one year when she enjoyed bonding with kids. Ultimately, she continues to pursue further training in Hematology and Oncology. She is currently clinical fellow at University of Vermont, College of Medicine.



**June (Xuejun) Kong, M.D.** Dr. Kong is an Attending Physician on staff in Beth Israel Deaconess Medical Center; She is the founder and president of American Chinese Medical Exchange Society (ACMES), founder and Editor-in-Chief of "North American Journal of Medicine & Science" and "North American Journal of Medicine & Health". Her research interests focus on autism and integrative medicine; she established her Autism consultation clinic in 2003, integrated acupuncture and biomedical approach in her practice and research, founded "to cure autism institute"; She published her research on oxidative injury, and three special issues on autism.



**Juan Liu, MD, JD,** Dr. Liu received her medical degree from Beijing University Medical School and was a medical doctor in China. Attorney Liu graduated Cum Laude with her Juris Doctor degree from Suffolk University Law School in Boston. While attending the Law School, Attorney Liu obtained the best oral advocacy award in a law school oral advocacy contest. She further distinguished herself by receiving a legal internship at the United Nation. As a student in the Law School, Attorney Liu successfully assisted a Chinese company to defend contractual claims filed by a large world famous company before the Arbitration Institute of the Stockholm

Chamber of Commerce, Sweden. Attorney Liu is licensed to practice laws in the Commonwealth of Massachusetts and the United States District Court for the District of Massachusetts. Attorney Liu actively practices in areas including Franchise laws, Corporate, Business and Commercial laws, Trademark laws, Civil Litigation, Real Estate Laws, International Business Development and Transaction, etc.



**Peining Li, PhD**, is a Diplomate of the American Board of Medical Genetics and Genomics (ABMGG), a Fellow of the American College of Medical Genetics and Genomics (FACMG) and an elected Board Member (2011-2014) of the Association of Chinese Geneticists in America (ACGA). Dr. Li is ABMGG board certified in Clinical Molecular Genetics and Cytogenetics. His initial academic appointment (2003-2005) was clinical assistant professor and director of clinical cytogenetics laboratory in the Department of Pediatrics, School of Medicine, Washington University at St. Louis. His current appointment is associate professor and director of molecular cytogenetics and genomics laboratory in the Department of Genetics, Yale School

of Medicine. Dr. Li's laboratory provides chromosome testing and microarray analysis for prenatal, pediatric and

cancer patients, performs translational genetic and genomic research and serves as a teaching unit for medical students, residents and fellows.



**Li Arango, DMD** is from Tianjin, China and graduated from the Dental School of Tianjin University in 1990. She then joined the Oral and Maxillofacial residency program at the Dental Hospital of Tianjin University. After her residency program she moved to Texas where she obtained her Master Degree in Molecular Biology at University of Texas, Graduate School of Biomedical Science in Houston. She got her DMD in 2002 from Tufts Dental School, Boston. Dr. Arango has many years of extensive expertise. She currently runs her newly renovated dental practice in Stoughton, MA. She stays at the forefront of cosmetic and preventative dentistry by keeping up-to-date on all the latest dental treatment available and having state-of the-art

equipment such as digital x-ray technology, intra-oral cameras, CEREC. Dr. Arango is a member of the American Dental Association and the American Academy of Implant Dentistry.



**Feng Hua Zhou**, **MD**, **PhD**, is visiting Scholar at Stroke biological recovery laboratory, Spaulding Rehabilitation Hospital, Harvard Medical School. Vice Director Department of Physical medicine and Rehabilitation Shengjing Hospital, China Medical University.



Wei Yang, MD received her medical degree from "West China University of Medical Sciences" in Chengdu, China. She did her residency in Internal Medicine at St. Elizabeth Medical Center, Boston, MA. Before her residency Dr. Yang has worked as a research scientist for pharmaceutical company AstraZeneca. Currently she practices general internal medicine and primary care at Harvard Vanguard Medical Associates Beverly. She is also a certified DOT medical examiner and clinical densitometrist.



**Mike Zhaoxi Wang, MD, PhD**, Research Scientist at public health and education, Harvard School of Public Health. He was trained in Beijing Medical University, Uniformed Services University of the Health Science (Bethesda, MD) and John Hopkins University. His researches involve gene mapping in complex human diseases, and other translational medicine projects funded by NIH.



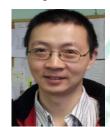
**Zhang, Wei, PhD**, Dr. Wei Zhang is staff scientist at Siemens Healthcare Diagnostics. He specializes in diagnostic product innovation for clinical applications. He received his Ph.D. in Chemistry and Applied Biosciences from the Swiss Federal Institute of Technology (ETH) in Zurich; BSc from Zhengzhou University. From 2000 to 2002, Dr. Wei Zhang was postdoctoral fellow in Chemistry and Electrical Engineering at the University of Michigan in Ann Arbor. Prior to current position, Dr. Zhang worked with General Electrical (Sensicore), Delphi Automotive, Roche Diagnostics and Dupont

(China). Dr. Wei Zhang has 7 patents and 30 peer reviewed papers.



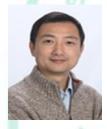
Qing-Mei Wang, MD, PhD, Spauding Rehab. Dr. Qing Mei Wang obtained her PhD and MD at University of Medicine and Dentistry of New Jersey and completed her residency training in Physical Medicine and Rehabilitation Program at Mount Sinai Medical Center at NY. She holds an academic appointment in the Department of Physical Medicine and Rehabilitation at Harvard Medical School and is an attending physician at Spaulding Rehabilitation Hospital. Her clinical focus is on stroke rehabilitation. She also conducts clinical and basic research to investigate the pathophysiology of ischemic stroke and mechanism of stroke recovery. She is principal

investigator of Stroke Biological Recovery Laboratory. Her research is funded by NIH grant.



**Lichao Chen, M.D., Ph.D.** Dr. Chen is an instructor in Department of Psychiatry, Harvard Medical School, and a Health Scientist at VA Boston Healthcare System. He graduated from Henan Medical University in 1992, pursued his postgraduate training in neurophysiology in Henan Medical University and Beijing Medical University, and received his Ph.D. in neuroscience in 2003 from Washington State University. His current research focuses on the molecular mechanisms of sleep regulation and animal

models of gamma-oscillation deficiency that is present in many autistic and schizophrenic patients.



**Ping Lu, M.D., Ph.D.** Dr. Lu received his medical degree from Nanjing Medical University, China, and his Ph.D. in Immunology from the University of Iowa. Dr. Lu is currently a research fellow at Dana-Farber Cancer Institute, Harvard University. His research focuses on the molecular machinery that mediates the control of gene expression via altering chromatin structures, a process known as epigenetic regulation. Besides, Dr. Lu is actively investigating how perturbed epigenetic regulation is related to abnormalities in the development of immune cells and the growth of major human

cancers.



**Li Zheng, PhD, LisAc,** Dr.Zheng received her PhD from Department of Anatomy, Medical College of Ohio. She worked on the synaptic organization of damaged infraorbital nerve axons in perinatal rats and metabolism of the dorsal cochlear nucleus in rat brain slices in the Departments of Anatomy, and Otolaryngology-Head and Neck Surgery at the Medical College of Ohio, she is licensed acupuncturist, private practice in Needham, MA, also taught in New England School of Acupuncture.

## American Chinese Medical Exchange Society

**American Chinese Medical Exchange Society (ACMES)** is a 501C3 non-profit organization for medical professionals, founded and operated by leading experts in diverse medical fields and healthcare related areas in both the U.S. and China.

#### Mission

The mission of the organization is to promote medical exchanges between the U.S. and China. The primary goal is to establish direct access and communication channels for international medical consultation and clinical medicine. With its knowledge and expertise in the medical field and two existing medical publications, ACMES is positioned to contribute to the promotion of global health.

#### **Background**

With the U.S. and China as the two largest economies in the world, the need to collaborate together has become increasingly important. Collaboration is especially needed in the medical field because the medical and healthcare systems of the two countries have been drastically different in their historical and cultural backgrounds. In the area of basic research, the US has led the world in advanced technologies for drug development, medical equipment and clinical research. However, as China has quickly caught up in these fields, both countries stand to benefit from increased collaboration. The need for academic exchange, technology transfer, career development and capital resource sharing are in ever-greater demand. In the area of clinical practice, dramatically different approaches are now beginning to see a convergence towards the Western standards of medical practice. U.S. medical practitioners routinely apply evidence-based approaches to directly guide clinical practices and the industry is regulated by a well-established monitoring mechanism. While Chinese medicine traditionally takes a holistic approach to treating illnesses and hasn't been able to develop a scientifically traceable monitoring capacity, the major healthcare practices in China are quickly adapting to meet international standards. Other areas ripe for exchange include hospital management, clinical trials, and insurance systems. As physicians and medical scientists who have trained and worked in both China and the U.S., ACMES feels both obligated and privileged to serve as a bridge of medical exchange and collaboration between China and the U.S.

#### **Organizational Structure**

The organization taps into various professional social resources and networks, including leading experts in various medical and healthcare disciplines at Harvard Medical School and its affiliated hospitals, other elite medical schools as well as health administrations. The core members have strong academic and social connections and leadership networks that enable the association to fulfill its mission.

#### Lester Thurow, PhD, Chairman of Advisory Committee

Dr. Lester Thurow has been a professor of Management and Economics at MIT for 30 years; He was the Dean of the MIT Sloan School from 1987 until 1993. He served as a staff economist on President Lyndon Johnson's Council on Economic Advisers. He is a fellow of the American Academy of Arts and Sciences and served as vice president of the American Economic Association in 1993.

#### Stan Finkelstein, M.D, Vice Chairman of Advisory Committee

Dr. Stan N. Finkelstein is a Senior Research Scientist at MIT and Co-Director of the Program on the Pharmaceutical Industry (POPI). Since 1975, he has worked actively in the field of medical technology assessment and transfer at MIT. He conducts research and teaches classes on the development and evaluation of medical practice and technology, as well as on health economics and policy, both at MIT and Harvard Medical School. He is an active consultant to U.S. and international pharmaceutical, biotechnology, and medical device firms, as well as to health services organizations and government agencies.

#### Samuel Tinsing Mok, Vice Chairman of Advisory Committee

Mr. Samuel Tinsing Mok is the Managing Member of Condor International Advisors, LLC, a Washington DC based management consulting firm. From January 2001 to May 2007, Mr. Mok served as the Chief Financial Officer of the U.S. Department of Labor for the President George W. Bush administration... He previously served as Chief Financial Officer and Comptroller of the U.S. Department of the Treasury, appointed by former Treasury Secretary James Baker.

#### **Publications**

North American Journal of Medicine & Health (NAJMH) <a href="www.najmh.org">www.najmh.org</a> is an educational journal of medicine and health, targeting the Chinese population worldwide. It was founded in June 2008 and is collected by The Library of Congress of USA, ISSN 1944-0936 (print) 1944-0944 (online). The NAJMH is guided by the "Evidence-Based Medicine" principal and aimed at introducing frontline medical advances and the latest health concepts and practices.



**North American Journal of Medicine & Science (NAJMS)** www.najms.net is a peer-reviewed, medical professional journal, collected by the Library of Congress of USA, ISSN 1946-9357 (print), 2156-2342(online). It is devoted to the dissemination of timely and significant observations of knowledge advancement in the diverse fields of modern medicine. The Journal provides worldwide physicians, medical scientists and healthcare professionals a platform to present their scientific findings and experiences on variety of medical topics with a focus on the healthcare disparities in minority populations, controversies in multidisciplinary areas, and complimentary/alternative medicine.

#### **Programs**

- 1) Conferences, seminars and courses. Organize and host high-quality international scientific conferences, workshops and seminars, continuing medical education programs, international physician training programs in different medical fields. The courses are well designed and customized by solid teaching team including world level experts, graduate with authorized certificate.
- 2) Establish international clinic and medical consultation via online virtual hospital/clinics, visiting physician programs/services in China and international clinic/hospital services in the U.S; develop multiple level collaboration projects between USA and China.
- 3) Support Autism projects of affiliated "To Cure Autism Institute" which is dedicated to use the most advanced, evidence based research findings and newest technology to understand and cure Autism. Please visit its website for details: www.tocureautism.org

## **Sponsors**









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